

## Syllabus

### Subject

<b>Subject / Group</b>	21375 - English for Health and Behavioural Sciences / 3
<b>Degree</b>	Degree in Nursing (2016 syllabus) - Fourth year Degree in Physiotherapy (2016 syllabus) - Fourth year Degree in Medicine - First year Degree in Psychology - Fourth year
<b>Credits</b>	6
<b>Period</b>	1st semester
<b>Language of instruction</b>	English

### Professors

Lecturers	Office hours for students					
	Starting time	Finishing time	Day	Start date	End date	Office / Building
Miquel Pomar Amer <i>Responsible</i> <a href="mailto:miquel.pomar@uib.eu">miquel.pomar@uib.eu</a>	You need to book a date with the professor in order to attend a tutoring session.					
Xavier Fuster Burguera <a href="mailto:xavier.fuster@uib.cat">xavier.fuster@uib.cat</a>	17:00	18:30	Thursday	13/09/2019	30/01/2020	sala compartida 4 RL

### Context

"English for Health and Behavioural Sciences" is a (4th-year) optional course within the BA programme in Physiotherapy at the University of the Balearic Islands. This course primarily aims at providing students with the language competence necessary to communicate effectively in their professional environment (B2 level – Common European Framework of Reference for Languages), and helping them to gain confidence when using English in their academic and professional lives. The course will follow a practical approach to language issues, which does not however preclude the inclusion of several theoretical sessions aiming at developing explicit knowledge concerning particularly complex language issues (grammar, specialized medical vocabulary, pronunciation or idiomatic language).

### Requirements

This course is addressed to 4th-year Physiotherapy students. For this reason, they should have at least 168 ECTS credits (excluding optional credits) before registering for this course.

### Recommended

This subject will be **entirely taught in English**. Therefore, an intermediate level of English (B1 - Common European Framework of Reference for Languages) is needed before the beginning of the course. This is the level of English students should have reached at the end of their high school studies and the one required to pass university access exams.

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Students who do not have this level of English will find a list of self-study resources in the bibliographical section of this guide and **it is their responsibility to reach this level prior to the course commencement**. In addition, UIB students have the "English Lab" room at their disposal to use the varied resources for the study of English that the lab contains with the help of 3rd/4th-year English Studies students. For further information on the "English Lab", check the Lab's social media site [https://www.facebook.com/englishlabUIB/info?tab=page\\_info](https://www.facebook.com/englishlabUIB/info?tab=page_info)

## Skills

### Specific

- \* E15 - To take part in the production of physiotherapy care protocols based on scientific evidence, fostering professional activities that make research in physiotherapy more dynamic.
- \* E17 - To understand the importance of updating the knowledge, abilities, skills and attitudes that contribute towards a physiotherapist's professional competences.
- \* E19 - To communicate effectively and clearly, both in oral and written form, with patients and their families, as well as with other professionals.

### Generic

- \* G4 - Knowledge of English
- \* G5 - Computing skills related to the discipline.
- \* G6 - Ability to manage information.

### Basic

- \* You may consult the basic competencies students will have to achieve by the end of the degree at the following address: <http://www.uib.eu/study/grau/Basic-Competences-In-Bachelors-Degree-Studies/>

## Content

The course will be divided into thematic units. The range of topics and issues covered will include (but will not necessarily be restricted to):

Health and Illness  
Taking a history  
Examining a patient  
Applying for a physiotherapy position  
Making and explaining a diagnosis

Skills to be developed and practised through these thematic units are detailed below.

### Range of topics

1. Use of English
  - Integrated learning of grammar (B2 level).
  - Vocabulary practice through semantic fields.
  - Non-specialized and specialized vocabulary.

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Guessing meaning from context.

Spelling.

### 2. Listening

Understanding and reacting to real life dialogues and oral texts on topics related to the field of Physiotherapy followed by comprehension exercises.

### 3. Speaking

Producing real life dialogues and oral texts on topics related to the field of Physiotherapy.

Individual interventions and group debates on relevant topics, pair conversations interaction in simulated real life contexts.

Grammatical correctness in the production of speech.

Fluent and accurate production of the specific sounds of English.

### 4. Writing

Applying the grammatical rules and vocabulary learned in class to the written text in order to produce documents that comply with the standard conventions.

### 5. Reading

Understanding written texts on topics related to the field of Physiotherapy followed by comprehension exercises, as well as analysing model texts from medical contexts.

Identifying useful vocabulary and general understanding of the text.

## Teaching methodology

ESP must be seen as an approach to language learning based on the students' needs in context. Consequently, the general approach for this course will consistently rely on communicative language teaching methods, which enhance fluid interaction, the students' autonomy and the use of authentic materials. Nevertheless practical lessons shall be combined with traditional lectures, centred on the theoretical understanding of the grammatical phenomena in English, as required by the standard B2 levels of foreign language mastering. In order to work every language skill as described above, the continuous assessment option (see charts below) for this subject will be heavily grounded on task-based language teaching and it will be **entirely taught in English**.

### CLASSROOM RULES

Mobile phones and other similar electronic devices must be switched off or on silent mode.

The recording of classroom sessions is strictly forbidden. Laptops are acceptable only if used for purposes related to classroom activity.

No electronic device whatsoever (including mobile phones and computers) is allowed in the classroom during exams.

No food or drinks, with the exception of water, are allowed in the classroom.

In-class work activities (2.4 credits, 60 hours)

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Modality	Name	Typ. Grp.	Description	Hours
Theory classes		Large group (G)	<p>These sessions (GG) will be mostly devoted to acquiring both general and specific or specialized vocabulary, and practising this vocabulary in context; as well as to studying and practising relevant aspects of the English grammar (B2).</p> <p>It should be noted that a holistic and integrated approach to language teaching and learning will be followed in the course. This means that, independently of the session type and the topic under discussion, an effort will be made to practise different skills (reading, writing, listening and speaking) at a time.</p>	26
Practical classes		Medium group (M)	These sessions (GM) will be mostly devoted to the development and practice of the students' listening, speaking and writing skills leading to a growing language competence in oral and written communication.	18
Assessment	Final exam	Large group (G)	Multiple choice questions to assess the students' listening skills as well as their knowledge of grammar and specific vocabulary.	3
Assessment	Oral test	Small group (P)	Test designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy.	9
Assessment	Mid-term test	Large group (G)	This test will assess the students' reading comprehension and writing skills.	2
Assessment	Cover letter	Large group (G)	Test designed to test the students' writing skills.	2

At the beginning of the semester a schedule of the subject will be made available to students through the UIBdigital platform. The schedule shall at least include the dates when the continuing assessment tests will be conducted and the hand-in dates for the assignments. In addition, the lecturer shall inform students as to whether the subject work plan will be carried out through the schedule or through another way included in the Aula Digital platform.

### Distance education tasks (3.6 credits, 90 hours)

Modality	Name	Description	Hours
Individual self-study	On-line test	Test designed to test the students' knowledge of grammar.	2
Individual self-study	Studying	Individual study of the course contents and practice of the skills, completion of pre-assigned tasks and Aula Digital activities.	73
Individual self-study	Video-CV // 5th English Monologue Contest	<p>Task designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy.</p> <p>The student will choose <b>one</b> of the two activities proposed.</p> <p>a) Video-CV: it will be submitted via Aula Digital.</p> <p>b) 5th English Monologue Contest: students may take part in the 5th English Monologue Contest organised by the Servei d'Activitats Culturals. A recorded version of the monologue must be submitted via Aula Digital.</p>	5

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Modality	Name	Description	Hours
Group self-study	Revision	Students are welcome to organise their own study groups to share information with classmates and/or revise together for the exams.	10

### Specific risks and protective measures

The learning activities of this course do not entail specific health or safety risks for the students and therefore no special protective measures are needed.

### Student learning assessment

This applies to all students (UIB, Erasmus, and those under any other exchange programme).

#### 1. Failure to submit an assessment task or to attend a test

If a student fails to hand in an assignment or to show up on the day and at the time established by the lecturer for the exams, the grade for that assignment or exam will be 0 (zero).

A student will be considered "No Presentat" (NP) when they have taken a third or less of those tests that constitute the subject's assessment as specified in the "Guia Docent".

In those cases where the addition of the applicable assessment percentages is higher than 5 but one or more of the assessment parts fail to meet the required criteria, the final grade will be 4'5 (Article 26, Reglament Acadèmic).

The dates and times of the official exams will not be altered under any circumstances, except those contemplated by the Reglament Acadèmic (articles 29 and 30). In these cases, the student will need to produce the required document or certification.

#### 2. Class attendance

There is only one assessment pathway. Class attendance is highly advisable, even though it is not compulsory to pass the course.

### Frau en elements d'avaluació

In accordance with article 33 of Regulation of academic studies, "regardless of the disciplinary procedure that may be followed against the offending student, the demonstrably fraudulent performance of any of the evaluation elements included in the teaching guides of the subjects will lead, at the discretion of the teacher, a undervaluation in the qualification that may involve the qualification of "suspense 0" in the annual evaluation of the subject".

### Final exam

Modality	Assessment
Technique	Objective tests ( <b>retrievable</b> )
Description	Multiple choice questions to assess the students' listening skills as well as their knowledge of grammar and specific vocabulary.
Assessment criteria	It is necessary to get a 6 out of 10 in this exam (either in January or February) for the other marks to be added.

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The final exam will consist of multiple choice questions on grammar, listening comprehension and specific vocabulary.

Dates will be announced at the beginning of the semester and published in the chronogram.

In case of failing this test, it can be retaken in February.

Final grade percentage: 50% with a minimum grade of 6

### Oral test

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Modality	Assessment
Technique	Oral tests ( <b>non-retrievable</b> )
Description	Test designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy.
Assessment criteria	Test designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy.
	No minimum mark is required for this task.
	Dates will be announced at the beginning of the semester and published in the chronogram.

Final grade percentage: 10%

### Mid-term test

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Modality	Assessment
Technique	Short-answer tests ( <b>retrievable</b> )
Description	This test will assess the students' reading comprehension and writing skills.
Assessment criteria	This test will assess the students' reading comprehension and writing skills.
	No minimum mark is required for this task.
	Dates will be announced at the beginning of the semester and published in the chronogram.
	In case of failing this test, it can be retaken in February.

Final grade percentage: 10%

### Cover letter

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Modality	Assessment
Technique	Extended-response, discursive examinations ( <b>non-retrievable</b> )
Description	Test designed to test the students' writing skills.
Assessment criteria	Test designed to test the students' writing skills.
	No minimum mark is required for this task.
	Dates will be announced at the beginning of the semester and published in the chronogram.

Final grade percentage: 10%

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### On-line test

Modality	Individual self-study
Technique	Objective tests ( <b>retrievable</b> )
Description	Test designed to test the students' knowledge of grammar.
Assessment criteria	Test designed to test the students' knowledge of grammar.

No minimum mark is required for this task.

Dates will be announced at the beginning of the semester and published in the chronogram.

In case of failing this test, it can be retaken in February.

Final grade percentage: 10%

### Video-CV // 5th English Monologue Contest

Modality	Individual self-study
Technique	Papers and projects ( <b>non-retrievable</b> )
Description	Task designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy. The student will choose one of the two activities proposed. a) Video-CV: it will be submitted via Aula Digital. b) 5th English Monologue Contest: students may take part in the 5th English Monologue Contest organised by the Servei d'Activitats Culturals. A recorded version of the monologue must be submitted via Aula Digital.
Assessment criteria	The student will only take one of the two activities proposed (either video-CV or monologue).

Task designed to test the students' speaking skills using specific vocabulary in the field of physiotherapy.

No minimum mark is required for this task.

The deadline for submission will be announced at the beginning of the semester and published in the chronogram.

Final grade percentage: 10%

## Resources, bibliography and additional documentation

### Basic bibliography

There will be two dossiers at the copy shop (Guillem Cifre de Colonya building) for students to purchase at the beginning of the course. Materials have been chosen and designed so as to reach a B2 level (Common European Framework of Reference for Languages) by the end of the course.

### Complementary bibliography

#### General and professional English

- ALCARAZ VARÓ, E. 2000. *El inglés profesional y académico*. Madrid: Alianza.
- BOWLER, B. CUNNINGHAM, S., MOOR, P. & S. PARMINTER. 2000. *New Headway Pronunciation Course. Upper-intermediate*. Oxford: OUP.
- ENGLISH L. M. 1998. *North Star Reading and Writing: High Intermediate*. 2nd ed., London: Longman.
- GLENDINNING, E.H. & B.A. HOLMSTROM. 2000. *Study Reading*. Cambridge: CUP.
- HANCOCK, M. 2003. *English Pronunciation in Use*. Cambridge: CUP.
- HUDDLESTON, R. & G. K. PULLUM. 2005. *A Student's Introduction to English Grammar*. Cambridge: CUP.



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JAMES, K., R.R. JORDAN, A. MATTHEWS & J. P. O'BRIEN. 1991. *Listening Comprehension and Note-Taking Course*. London: Nelson.

LEECH, G., B. CRUICKSHANK and R. IVANIC. 2001. *An A-Z of English Grammar and Usage*. 2nd ed. Essex: Longman.

McCORMACK, J. & S. WATKINS. 2009. *English for Academic Study: Speaking- Course Book and audio CDs*. Reading: Garnet.

QUIRK, R. & J. GREENBAUM. 1973. *A University Grammar of English*. London: Longman.

### **English for Physiotherapy**

DOOLEY, V., J. HARTKEY & S. EVANS. 2016. *Career Paths: Physiotherapy*. Newbury: Express Publishing.

GONZÁLEZ CRUZ, M.I., S. MARRERO MORALES & M.J. VERA CAZORLA. 2015. *English for Physiotherapy: a coursebook for Spanish students*. Las Palmas de Gran Canaria: Servicio de Publicaciones y Difusión Científica de la ULPGC.

PARKER, J.M. & P.M. PARKER. 2004. *Physiotherapy: A Medical Dictionary, Bibliography and Annotated Research Guide to Internet References*. San Diego: ICON Group International.

### **Other resources**

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The following resources may be useful for those students with a basic grasp of English.

MURPHY, R. & F. GARCÍA CLEMENTE. 2008. *Essential Grammar in Use*. Cambridge; CUP.

SWAN, M. & C. WALTER. 2001. *The Good Grammar Book. With Answers*. Oxford: OUP.

